

# 35<sup>th</sup> Round Rarotonga Road Race September 2012



## Programme Overview

### Thursday 20 September – Fun Run

You and your team need to be here no later than this date. This is the 5km fun run where everyone is encouraged to dress up and have fun! There will be a full briefing of the week's program before the fun run kicks off. Briefing will take place at 5pm and Race Packs will be available after the Fun Run, venue to be confirmed.

### Friday 21 September – Rest Day

This is a free day – take the opportunity to discover more of Rarotonga.

### Saturday 22 September – Main Event

Race Day – The 31km race will start opposite our Cook Islands Tourism office and information centre in Avarua at 5:30am and the 10km race will start in Muri at 7:30am. Complimentary busses available to pick up participants in the morning to get you to the race by 5.30am.

Race Numbers and Final Registration checks will be conducted from the Corporate Marquee prior to the race. Refreshments & light snacks will be supplied in the corporate tent for all runners & supporters after the race.

The 2012 Round Rarotonga Road will start at 5.30am.

### Sunday 23 September – Prize Giving Dinner

This is a day of rest in the Cook Islands with limited activities available. We recommend that everyone attend a Sunday church service where you can enjoy the distinctive traditional hymns of the Cook Islands.

The Official Prize Giving Ceremony and Dinner will kick off at 6pm. Venue to be confirmed. See Registration forms for Official Categories.

### Monday 24 September – Hash House Harriers Birthday Run

The local Hash House Harriers scheduled birthday run will get underway at 5.30pm. There will be a theme – the louder the better – Everyone can join in!

### Tuesday 25 September - Round The Rock Relay

The relay will start at 4pm with each team having 5 or 10 members each. Again this is a fun event and all teams are encouraged to adopt a theme. There will also be Sausage Sizzle BBQ and non alcoholic drinks will be served after the event.

### Wednesday 26 September - Nutters Cross Island Run

This run starts at 4.30pm from the site of the Royal Takitumu Hilton Resort and heads over mountain ridges, across rugged valleys and riverbeds down to the Avatiu Coastline. This run is not for the fainthearted and with the record still unbeaten at 45 minutes, promises to be an exciting challenge. If you think you can beat it, give it a go. All participants are asked to be at the Market by 4pm – A complimentary bus will transport everyone to the Start Line.

## Accommodation & Transfers 7 Night Package

Club Raro	Single	Double/Twin	Triple
Standard Room	\$1,170.00	\$605.00	\$545.00
Poolside Room	\$1,220.00	\$625.00	\$560.00
Standard Self Catering	\$1,220.00	\$625.00	-
Lagoon Front	\$1,490.00	\$765.00	-

Edgewater	Single	Double/Twin	Triple
Garden Room	\$1,765.00	\$900.00	\$885.00
Garden Superior	\$1,990.00	\$1,015.00	\$960.00
Lagoon View	\$2,265.00	\$1,150.00	\$1,050.00
Beachfront Deluxe	\$2,630.00	\$1,330.00	-
	Quad	Quin	six
3 Brm Garden Villa	\$1,015.00	\$810.00	\$675.00
3 Brm Beachfront Villa	\$1,310.00	\$1,050.00	\$875.00

Note: All costings are based on per person rate and in NZD\$

Above packages include:

Return Airport Transfers, Daily tropical BreakfastBreakfast Edgewater, daily a-la-carte express breakfast Club Raro, 7 night's accommodation.

## Registration Cost

### International Registration

- Race Entry
- Finishing Medal
- T-shirt
- Finish Photo
- Prize Giving Dinner

If Booking Hotel (full package) thru DMCK

- NZ \$190.00 pp

Arranging own Hotel and only registering with DMCK - NZ \$210.00 pp

### International Supporters Registration

- T-shirt
- Prize giving Dinner
- Voucher booklet

If Booking Hotel (full package) thru DMCK

- NZ \$ 95.00 pp

Arranging own Hotel and only registering with DMCK - NZ \$115.00 pp

# Registration & Arrival Details

(Registration Date closes on the 14th September 2012)

Last Name \_\_\_\_\_  
First Name \_\_\_\_\_  
Male  Female  Age on Race Day \_\_\_\_\_  
Postal Address \_\_\_\_\_  
\_\_\_\_\_  
Country \_\_\_\_\_  
Email Address \_\_\_\_\_  
Phone \_\_\_\_\_  
Fax \_\_\_\_\_

### Category/Event You Would Like To Enter:

RRRR - 31km Race       RRRR - 31km Walk  
 10km Run       10km Walk

### Age Group Category you would like to enter in:

Open Men       Men 40-49       Men 50-59  
 Men 60-69       Men 70+  
 Open Women       Women 35-44       Women 45-54  
 Women 55+

### Accommodation

(Please select if you would like us to include accommodation with your Registration Costs)

Club Rare:  Standard       Poolside  
 Standard Self catering       Lagoonfront

Bedding configuration:  Single       Double       Twin       Triple

Edgewater:  Garden       Garden Superior  
 Lagoon View       Beachfront Deluxe  
 3 Bedroom Garden Villa       3 Bedroom Beachfront Villa

Bedding configuration:  Single       Double       Twin       Triple

### Transfer Details

Date of Arrival \_\_\_\_\_ Flight Number \_\_\_\_\_  
Departure date \_\_\_\_\_ Flight Number \_\_\_\_\_  
If accommodation not booked with DMCK please state where you are staying \_\_\_\_\_

### Personal Background Information

Best Time (31kms) hrs \_\_\_\_\_ mins \_\_\_\_\_ secs \_\_\_\_\_  
Member of a Club       No       Yes  
Club Name \_\_\_\_\_  
Email Contact \_\_\_\_\_  
MEN - "Zorrel" Syntrel t-shirt brand size:  
 Med       Large       XL       XXL       XXXL  
WOMEN - "Zorrel" Syntrel t-shirt brand size:  
 Size 8       Size 10       Size 12       Size 14       Size 16  
I wish to pay by  Bankcard       M/Card       Visa       Cheque  
Credit Card Name \_\_\_\_\_ Card Number \_\_\_\_\_  
Expiry Date \_\_\_\_\_ Signature \_\_\_\_\_



Please complete and send along with your accommodation and arrival details to:

### Round Rarotonga Road Race

P.O.Box 240, Rarotonga, Cook Islands  
C/o - Destination Management Cook Islands  
Phone (+682) 23 026 Fax (+682) 22 036  
Email: [events@dmck.co.ck](mailto:events@dmck.co.ck)

\* A \$125 deposit is required at the time of booking with full payment due 30 days out from arrival.

MEMBER OF  
TURAMA PACIFIC TRAVEL GROUP

